

Beach Throwdown Rulebook 2019

By participating in the Beach Throwdown (“**BTD**”) qualifiers and the finals, the athlete agrees to all rules and policies pursued by the organization of the Beach Throwdown Organization (“**BTO**”). The athlete accepts all the risks associated, or could reasonably be associated with a sport event. For each specific case, the policy conducted by the BTO is always determined by decisions made by the BTO.

The athlete accepts that these decisions are final and binding in all respects. To clarify the rules that apply before, during and after the BTD, the following rules (“**Rules**”) are established and are compulsory for every athlete, participating in the BTD qualifier and/or finals.

I. Athletes

- a. Athletes participate at their own risk in the qualifier, and -if they have qualified- in the finals.
- b. Athletes have to be 18 years or older. Athletes younger than 18 can only take part in the qualifier or finals if a legal representative of the athlete provides written consent and both athlete and legal representative have agreed to these Rules.
- c. All athletes are responsible for arranging all the necessary and statutory insurances. If an insurer in a particular case does not (fully) pay out on a claim, the athlete cannot forward any damage on to the BTO.
- d. The BTO cannot be held liable in any way for any injury, including explicitly sports injuries caused during the qualifier or finals.
- e. The athlete declares that he / she knows the risks of: the movements, the workouts (“**WOD**”) and participation in the BTD. The athlete himself is responsible for exceeding (mental or physical) boundaries.

II. Movement Standards

- a. The rules relating to the movements to be performed by the athlete are prescribed by the BTO. These prescriptions are binding and conclusive.
- b. The BTO will demonstrate the required movements and explain these to both athletes and judges.
- c. If an athlete has a disability and therefore cannot perform or continue with a standard movement as prescribed by the BTO, the movement does not count as a repetition in the WOD (and will be considered as a ‘no rep’).

III. Buddy Team

- a. Athletes will have to form a team of two persons (athletes) of the same gender called a “Buddy Team”. When registering for the BTD qualifier, the athletes will register as a Buddy Team. Rules in this rulebook apply to the Buddy Team as a whole, and each of the individual athletes in it.
- b. The composition of a Buddy Team cannot be changed after registration for the BTD. Mutual exchange of athletes between Buddy Teams is not allowed and will result in disqualification of both teams.

IV. Qualifier

- a. Registration for the qualifier WOD's (the "Qualifier") can be done at the BTD website which can be found at www.beachthrowdown.com (the "Website"). Registration closes at the date shown on the Website.
- b. The qualifier for the BTD will consist of a series of workouts (WOD's) which will be published shortly before the start of the Qualifier.
- c. The athletes in the Buddy Team participate together in the Qualifiers.
- d. The Buddy Team can register for either the "regular" Qualifier OR the "scaled" Qualifier. Buddy Teams that are registered for and participate in the regular Qualifier compete for entry in the BTD finals; Buddy Teams that are registered for and participate in the scaled Qualifier compete for entry in the BTD scaled finals.
- e. It is not possible to switch between the regular and scaled Qualifier. A ticket for the scaled Qualifier cannot be substituted for the regular Qualifier or vice-versa.
- f. The total score of the Buddy Team achieved in the WOD's of the Qualifier must be submitted by the Buddy Team at the BTD Website. The total score determines the final ranking of the Buddy Team, the possibility of participating in the BTD finals as well as for which division the Buddy Team has been qualified. The rules that apply to calculating the score the Buddy Team achieved in a WOD of the Qualifier, will be announced by the BTO at the time the WOD's become available. These rules are binding.
- g. Scores must be submitted before the stated time and date on the Website. The Buddy Team may be requested by the BTO to upload as well a video of the complete performance of the WOD's of the Qualifier. Video's must be submitted within 48-hours after the request was sent. Submissions without (proper) videos to verify the score of the WOD's can be cancelled by the BTO for being too late respectively being unverifiable.
- h. Scores that are accompanied by a video, can be modified by the BTO based on the video if the judges find cause to do so. These decisions are final and cannot be disputed.
- i. There are four possible outcomes in the judging and scoring of online video submissions:
 - 1) Good Video: The athlete meets the required movement standards on all repetitions in the workout and the score they posted is correct. Their score will be accepted.
 - 2) Valid with Minor Penalty: Over the course of the video, the athlete demonstrates 1 to 4 "no-reps" which may be removed from the athlete's final score as required. This penalty is used for video submissions where the score needs to be adjusted by fewer than 5 reps. If the score is posted in the form of a time, the total time to complete the workout will be adjusted accordingly.
 - 3) Valid with Major Penalty: Over the course of the video, the athlete demonstrates 5 or more "no-reps." In this case, the score may be modified by subtracting 15 percent from the total rep count. If the score is posted in the form of a time, the total time to complete the workout will be adjusted accordingly.
 - 4) Invalid: Over the course of the video, the athlete fails to complete the workout as required, a significant and unacceptable number of reps performed are "no-reps" or the video does not contain the criteria listed in the video submission standards. The athlete's score will be rejected. The athlete will have to submit a new video prior to the score submission deadline to receive a score for this workout.
- j. Questions about the Qualifier can be sent to info@beachthrowdown.com

V. Qualifying for the BTB finals

- a.** Based on the scores of the Qualifiers submitted by the participating Buddy Teams, the best Buddy Teams of the regular Qualifier are divided into four divisions: ALPHA DIVISION, BRAVO DIVISION, CHARLIE DIVISION and DELTA DIVISION. The best Buddy Teams of the Scaled Qualifier will be qualified for "SCALED".
- b.** If a Buddy Team withdraws from the BTB (e.g. because one of the athletes is prevented from participating) this will result in an open place in the BTB finals. This may cause other Buddy Teams to be placed in a different (higher) division.
- c.** The qualified Buddy Teams receive an invitation to buy a ticket for the BTB final event. It is required for a Buddy Team to buy a ticket within 48-hours after this invitation is sent. Failure to buy a ticket within this period is cause for a Buddy Team to lose their qualification and their right to participate in the final.
- d.** For the regular BTB final the BTO can independently decide to place a Buddy Team in a different division than the division where the Buddy Team was initially assigned based on their ranking in the Qualifier. The BTO can also decide to hand out wild cards to a Buddy Team which automatically qualifies them for the finals.

VI. Categories in the BTB finals

- a.** Male Buddy Teams 1st to the 40th place after the regular Qualifiers will be invited by e-mail by the BTO for the finals in the ALPHA DIVISION.
- b.** Male Buddy Teams 41st to the 80th place after the regular Qualifier will be invited by e-mail by the BTO for the finals in the BRAVO DIVISION.
- c.** Male Buddy Teams 81st to the 120th place after the regular Qualifier will be invited by email by the BTO for the finals in the CHARLIE DIVISION.
- d.** Male Buddy Teams 121st to the 160th place after the regular Qualifier will be invited by email by the BTO for the finals in the DELTA DIVISION.
- e.** Female Buddy Teams 1st to the 20th place after the regular Qualifier will be invited by email by the BTO for the finals in the ALPHA DIVISION.
- f.** Female Buddy Teams 21st to the 40th place after the regular Qualifier will be invited by email by the BTO for the finals in the BRAVO DIVISION.
- g.** Female Buddy Teams 41st to the 60th place after the regular Qualifier will be invited by email by the BTO for the finals in the CHARLIE DIVISION.
- h.** Female Buddy Teams 61st to the 80 th place after the regular Qualifier will be invited by email by the BTO for the finals in the DELTA DIVISION.
- i.** Male Buddy Teams 1st to the 30th place after the scaled Qualifier will be invited by e-mail by the BTO for the finals of SCALED.
- j.** Female Buddy Teams 1st to the 30th place after the scaled Qualifier will be invited by e-mail by the BTO for the finals of SCALED.
- k.** The finals of the ALPHA DIVISION (both men and women) will take place on Friday evening July 12th, Saturday 13th and Sunday 14th of July 2019 (subject to change).
- l.** The finals for the BRAVO DIVISION (both men and women) will take place on Sunday 14th of July 2017 (subject to change).

- m. The finals for the CHARLIE DIVISION (both men and women) will take place on Saturday 13th of July 2019 (subject to change).
- n. The finals for the DELTA DIVISION (both men and women) will take place on Friday 12th of July 2019 (subject to change).
- o. The finals of SCALED (both men and women) will take place on Friday 12th of July 2019 (subject to change).

VII. Reserve list finals

- a. The Buddy Teams that have not qualified for the finals are placed on a reserve list by the BTO. When qualified Buddy Teams cannot participate in the finals, or fail to buy a ticket for the final event within 48 hours after being sent their invitations to participate, or otherwise have been disqualified by the BTO, the highest ranking Buddy Teams (up to the amount of open final slots) on the reserve list are eligible to participate in the finals.
- b. The highest ranking Buddy Teams on the reserve list are invited by e-mail by the BTO and once again have 48 hours to buy a ticket for the finals. We continue this process until all divisions are full.

VIII. Cost

- a. The registration of the Qualifier is EUR 35,00 per Buddy Team. Any costs made by the owner of the CrossFit box that hosts the Qualifier and or the price the Buddy Teams had to pay to the owner of the CrossFit box that hosts the Qualifier are not part of this fee.
- b. Participation in the finals is EUR 160,- per Buddy Team for the ALPHA DIVISION, EUR 130,- per Buddy Team for the BRAVO DIVISION, CHARLIE DIVISION, DELTA DIVISION and for SCALED. This price includes a T-shirt and a goodie bag (subject to change).
- c. Late payment of a ticket to the finals will result in a Buddy Team no longer being entitled to take part in the finals (disqualification). BTO will approach a Buddy Team on the reserve list who can participate in the finals, all in accordance with Rules as described in article V and VII.
- d. Facilities, including refreshments and dressing area are available at the site. Drinks, food, etc. on site will be charged and handled by the local facility.
- e. Costs made by the athletes for the Qualifier or the finals including but not limited to the cost of the tickets are non-refundable under any circumstances.

IX. Scores Qualifiers

- a. In one of the WOD's of the Qualifier both an end result / final score (for example, time, number of reps, a certain weight) and a tiebreaker (a time) have to be measured by the judges. The tiebreaker is used only in case of a possible tie. The BTO will assign a tiebreaker to one specific WOD. On the other WOD's solely a final result / final score has to be measured by the judges.
- b. The scores and the tiebreaker that the Buddy Team has achieved in the Qualifier have to be entered by the Buddy Team at the BTD Website.
- c. The Qualifier will be measured not only by the final result (eg, time, number of reps, a certain weight) but also by the tiebreaker.
- d. A ranking is made of each score achieved by the Buddy Team in a Qualifier WOD. The ranking of a Buddy Team in a WOD indicates the number of points that the Buddy Team has achieved.

- e. All points are accumulated in the Qualifier per Buddy Team. The total score determines qualification for the finals and the division in which the Buddy Team may compete in the finals.
- f. In the event of a tie between two Teams, the tiebreaker is used to decide what the relative ranking is of the Teams.
- g. If two Buddy Teams have the exact same final score and the same tiebreaker during the Qualifier, then these Buddy Teams will receive the same number of points and the same ranking.

Finals

- h. If two Buddy Teams have the same final score, the lowest ranking(s) of the previous WOD's, determine which of the two Buddy Teams ends higher. If these are also exactly the same, the team with the youngest athletes win.
- i. Final scores will be announced by the BTO via the BTD Website and through regular communication (bulletin boards, etc.) at the final event.

X. Judges

- a. The scores in the finals will be registered by the BTD judges. The judges will determine the WOD's results but are entitled to change a result after irregularities.
- b. The finals are accompanied by a head judge and three other independent judges.
- c. Photo or video material made by spectators or other participants does not have to be taken into account in case of a dispute and may be neglected by the judges.
- d. In case of a dispute the decision that was made by the judge is decisive unless the head judge decides otherwise.

XI. Final field

- a. All participants and spectators can be urged by the organizers of the BTO to move from or to an area if needed.
- b. It is not allowed to advertise without the prior consent of the BTO or engage in business activity in the BTD field.
- c. The BTO assumes no liability for lost clothing or other belongings of athletes. This also applies to personal possessions which have been left in the BTD changing facilities.
- d. The athlete has to follow the instructions given by the BTO, or BTO staff in BTO uniform, or otherwise apparently belonging to the BTO.
- e. The BTO has the right to disqualify an athlete (for the continuation of the) BTD if the athlete does not abide by the rules, or behaves in an unsportsmanlike or improper manner, or if it is considered necessary due to medical reasons, as decided unilaterally by the BTO. In such a case, the entire Buddy Team will be taken out of the finals.
- f. Athletes are expected to not cause damage to the property of others and leave no waste; also publicly urinating is prohibited.
- g. Any regulations not covered here will be displayed at the BTD final field and must be abided by.

XII. Prizes

- a. BTO may provide prizes to the winning Buddy Teams of the BTD finals, but will never be obliged to do so. If any prizes are made available, these will be announced via the website of the BTD and/or social media.
- b. The prizes for the winning Buddy Teams of the finals are provided by sponsors of the BTO.
- c. A prize must be returned to the BTO by the Buddy Team when its results are revised and it appears that a Buddy Team is no longer entitled to a prize.
- d. An athlete or Buddy Team cannot claim a refund in return of his prize / prizes. No fees or other costs are paid (back) to the winners.

XIII. Drugs

- a. The use of drugs or stimulants is strictly prohibited. The BTO may disqualify an athlete if they think there are sufficient grounds and it is sufficiently plausible that an athlete has used drugs or other stimulants.

XIV. Cancellation of change of the BTD

- a.** The BTO may cancel the finals (hereinafter "**Cancel**"), or on the day of the finals withdraw ("**Withdraw**") or change ("Change") them. A Change may constitute any change regarding the date, the days, the amount of WODs and the constitution of the WODs during the finals or any other change to the BTD as decided by the BTO. The BTO may Cancel, Withdraw or Change the BTD if there are unforeseen circumstances and / or force majeure, which includes (but is not limited to) (expected) extreme weather conditions. It is unilaterally decided by the BTO what constitutes extreme weather or a force majeure. It is the responsibility of the BTO to determine when the risk of accidents or dangerous situations are increased due to extreme weather conditions or force majeure. The decision of the BTO to Cancel, Withdraw or Change the BTD in the event of such conditions is undisputable.
- b.** In the event of a Withdraw, Cancel or Change costs incurred by the athlete for participating in the finals, including the cost of the tickets are non-refundable.

XV. Intellectual property rights

- a.** All intellectual property rights and material made by the camera crew of the BTO (both photos and film material) is property of the BTO.
- b.** Photographers or cameramen who do not belong to the camera crew of the BTO and which have not received explicit permission from the BTO, shall not be permitted between the athletes or on the site of the BTD final. The BTO is entitled to send these people away.
- c.** Athletes taking part in the finals, or located on the site of the BTD automatically agree to waive their portrait rights and other intellectual property rights for images or video created during the BTD.